

ESSENTIAL INFORMATION

Shopping

- ! The nearest large supermarket (Intermarché) is in Guémené. Open Monday-Saturday 0900 - 1900
- ! Bubry Intermarché is also 10 minutes away (closed between 12 & 2pm).
- ! A lot of the smaller shops do close for lunch (between 12-2pm), but usually stay open until 7pm. However, the supermarkets etc in larger towns such as Pontivy & Lorient are open throughout lunchtime.
- ! Most shops are closed on Sundays, with the exception of boulangeries (open Sunday mornings) or coastal area shops. (*Carrefour in Plouay & the small Proxi supermarket in Guémené sur Scorff are open on Sunday mornings 9.30-12.30pm)
- ! Nearest boulangerie- Inguiniel (5 mins)- open daily except Monday, closed between 1-3pm. Open Sunday mornings until 12.30pm.
- ! There is a bar & small shop in Persquen. Open daily except Wednesdays.
- ! Post office- Guémené – open Mon-Fri, 0900-1200 & 1400-1545 & Saturday mornings.
- ! Carrefour supermarket- Plouay (15 mins)- open Mon-Sat 0900-1230 & 1430-1900 & Sun until 1230pm
- ! Petrol stations- Guémené or Bubry (both at Intermarché) are closest. All take credit cards in the machines if the cashier is closed.
- ! Nearest cashpoints – Guémené sur Scorff / Bubry

Local bars/restaurants

- ! Aux Sabots Rouges – In the main street in Guémené sur Scorff, an English run bar/restaurant, very quaint and rustic, great hosts, serving varied drinks and food ranging from fish & chips, tapas & vegetarian to boeuf bourguignon. Open daily except Mon, Tues & Weds, Tel : 02 97 51 24 38
<https://www.auxsabotsrouges.fr>
- ! Les Trois Marchands – French restaurant open lunchtimes only, at the top of the main street in Guémené sur Scorff, serving French food. 11.50€ for a 4 course meal including wine (set menu). Tel : 02 97 51 21 53
- ! Entre Copains – Lignol (by the church). Lovely food & friendly service, 10 mins from here. Open Friday & Saturday evenings. Tel : 02 97 27 17 53 – (Let Annie & Kes know you are staying at Rachel & Tony's) <https://www.facebook.com/cheznouslignol/>
- ! L'Helvetic, Guemene sur Scorff – Swiss restaurant specialising in Raclette & fondues
Tel: 02 56 62 57 63
- ! La Tourelle, Melrand – Open lunchtimes & some evenings. On the square in Melrand. Lovely surroundings, good service and excellent food. (Set menu at lunchtimes, à la carte in the evenings). Tel : 02 97 39 51 13
- ! Le Tavaillon, 57 Avenue de la Libération, 56300 Pontivy, Tel : 02 97 25 06 61
An authentically decorated Savoyarde restaurant, with menus from the 'Savoie' region of France. Raclettes, fondues, Brazzerade etc. Booking advised.
<https://www.facebook.com/le-tavaillon-54721424074/>
- ! Chinese buffet restaurants – Pontivy – Le Lanterne Rouge (buffet), & Lanester – Le Palace d'Asie (self service drinks included in buffet price here)
<http://lanternerougeponti.wixsite.com/pontivy/restaurant>
<https://www.facebook.com/LePalaceDasieLANESTER/>
- ! Crêperie du pays Pourleth & Crêperie des Rohan– Guémené sur Scorff
- ! Crêperie Ar Vadelen - Bubry- just past Intermarché
- ! Le Christie- Guémené sur Scorff- Pizzeria & grill <http://www.restaurant-lechristie-guemene.fr>
- ! Crêperie Le Chalet- Saint Nicolas des Eaux, an excellent creperie on the banks of the river Blavet, authentic 'alpine chalet' surroundings. Tel : 02 97 51 88 87

- ! Auberge de Pont Calleck, Le Grayo, 56240 Inguiniel. French cuisine, cosy atmosphere by the river Scorff. Tel : 02 97 32 08 75
<http://www.auberge-pont-calleck.fr/en>

- ! Atelier du Bistrot, Langoelan. Set menu at lunchtimes, à la carte evenings. Lovely french food.
24/25 rue Duchelas, 56160 Langoëlan 02 97 51 37 81
<https://www.facebook.com/LAtelierBistrot/>

- ! Le Cherazad, 15 Place Anne de Bretagne, Pontivy. Traditional Moroccan cuisine and salads. Open from 12:00 to 13:30 and 18:30 to 22:00.

- ! La Casa Plouay, 13 rue Generale de Gaulle, 56400 Plouay, Tel: 0297845918
Pizzeria, plus other dishes (steaks, veal, mussels, salads etc.)
<https://lacasaplouay.wixsite.com/lacasa>

- ! Auberge du Cheval Blanc, 16 rue Pontivy, Baud. Good traditional French cuisine & seafood. Set menus available. Tel : 02 97 51 00 85
<http://en.hotelduchevalblanc56.com>

- ! Aiglon restaurant, opposite the chateau, Pontivy. Good French food. Tel: 0297279808
<http://en.laiglon-pontivy.com>

- ! La Taverne, Pont de Baud, Baud. Tel: 0297510366. Good home cooked French food.

- ! Le Martray, 32 rue du Pont, Pontivy Tel : 02 97 25 68 64. Traditional french food, served in an authentic setting. Booking advisable.
<http://www.restaurant-le-martray-pontivy.fr>

- ! Moulin de Pont Samoel, Pont Samoel, Silfiac. Tel: 0297276266
English run restaurant & bar, overlooking small lake. Open daily except Tues & Weds.
<https://www.barrestaurantpontosamoel.com>

- ! Auberge de Quelven, Quelven, Guern Tel: 0297277750. Great galettes & crepes in a lovely setting.
<http://www.auberge-de-quelven.fr/>

- ! Au Coin du Feu, Le Guiben, 56330 Camors
An excellent restaurant with garden/terrace, worth a trip. (reservations essential)
<https://www.restaurantaucoindufeu-56.fr>

- ! Il Carpaccio, 9 rue du Caire, Pontivy; Tel: 0297253691 Lovely Italian food in good surroundings, open air terrace.
<http://www.il-carpaccio.com>

- ! Le Dauphin – Le Porzo, 56700 Kervignac. Routiers restaurant, Large, very popular, 4 course good honest food and wine for an all inclusive price (11.50€) Lunchtimes & evenings. Closed Sundays. Tel : 02 97 36 17 18 <http://www.dauphin-kervignac.com>